Tennessee Federation of Garden Clubs, Inc. District II Newsletter

October 2025





Table of Contents

Message from Your District Director	3
District II Leadership Contact Information	4
Attention Club Presidents	5
Request for Judges	6
Needed: State Awards Chairman Apprentice	7
TFGC Scholarship Information	8
Deep South Garden Clubs, Inc. Information	15
Club News	17
Did You Know?	40
Gardening—A Way of Life	41
Saving the Monarch	42
Wildlife Critter of the Month	44
Photographs of the Month	45
Upcoming Events	47
Nature's Tiny Heroes	67



Message From Your District II Director Becky Fox Matthews

I am on vacation as I write this – in Paris, France! While walking around the city the last two days, I thought how lucky I am to live in middle TN. While I love seeing the hustle and bustle of a beautiful city like Paris, I am surprised how few gardens people who live here have. There are amazing parks and public gardens, but most of the residences in this area are surrounded by concrete, pavement, and cobblestones. And most of the restaurants are festooned with artificial flowers.

Don't get me wrong; I love the architecture, history, shops, and food! But most residents don't seem to have many plants except for street trees and a few potted plants on balconies and probably houseplants. Back at home I have a yard with huge white oaks, shagbark hickories, other native trees, and not much lawn. Years ago I added a *Magnolia grandiflora*, dogwoods, redbuds, rhododendrons, and lately pawpaws, elderberries, and more native trees and perennials.

I am not a native plant purist. I love other plants and don't plan to oust the non-natives from my yard. Daffodils were my first plant love and are still the "understory" for much of my garden, but I continue to add more natives and I also "leave the leaves." Fallen leaves add much nutrition to the soil and those fallen leaves also shelter insects over the winter – insects that might feed the birds next year or transform into our valuable pollinators.

For a healthier garden and a healthier planet, plant a few more natives and leave the leaves!









Left: a "living wall" in Paris; Center and Right: some native plantings

2025-2027 District II Executive Board

Director

Becky Fox Matthews
Gateway Acres Garden Club,
Judges Council
1006 Waller Road
Brentwood, TN 37027-8349
becky@lostfrogs.com
615-838-1359

Vice Director

Karen Dawson Town & Country Garden Club fdkd70@bellsouth.net 615-594-2455

Recording Secretary

Jennifer Kidd New Neighbors Garden Club jkkmd@comcast.net 615-478-4854

Corresponding Secretary

Kay Wells Rachel Jackson Garden Club wellsonhill@comcast.net 615-419-3718

Treasurer

Theresa Bray Beachaven Garden Club tlbray1@bellsouth.net 931-542-7362



2025-2027 District II Committee Chairmen



Gayle Jaggers
Oak Hill Garden Club
bgaylejaggers@comcast.net
615-772-5611

Blue Star & Gold Star Families Memorial

Markers

Pam Dowd Optimistic Gardeners Club pamldowd@aol.com 615-896-8663

Chaplain

Annette Shrader Clarksville Garden Club annette.shrader@yahoo.com 931-801-8832

Door Prizes

Anna Marie Allen Harpeth Bend Garden Club annabanana7@comcast.net 615-477-3030

Endowment Trust

Becky Fox Matthews District II Director becky@lostfrogs.com 615-838-1359

Grants

Lola Eslick Franklin County Garden Club eslickla@aol.com 931-808-5754

Hospitality—Co-Chairs

Tove Rawlings Country Homes Garden Club info@therawlings.net 615-876-2169

Jan Vester Country Homes Garden Club janvestertn@gmail.com 615-870-2788

Newsletter Editor

Anna Marie Allen Harpeth Bend Garden Club annabanana7@comcast.net 615-477-3030

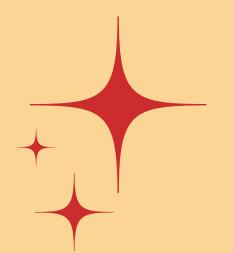
Parliamentarian

Gwyne Ellis Powers Country Homes Garden Club plantprincess2005@yahoo.com 813-833-5907

Vision of Beauty Calendar

Kandee Walker Harpeth Bend Garden Club twalker10@aol.com 615-403-5053

Ways & Means TBD





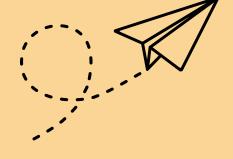


DISTRICT II CLUB PRESIDENTS, PLEASE FORWARD THIS EMAILED NEWSLETTER TO YOUR CLUB MEMBERS.

Submit your club's events, photos & articles for the November District II Newsletter by October 15th to:

annabanana7@comcast.net





JUDGING AMARDS

Tuesday, January 6, 2026 starting at 9:00 CT

Through the Grapevine 630 Broadmor Blvd. Suite 190 Murfreesboro, TN 37129 615-890-7346

Lunch will be \$20.00 and you can bring cash or check if doing check make it out to Through the Grapevine

Ideally we need at least 5 from each district total of at least 5 Flower Show Judges

Members need to study awards rules and be familiar with the requirements

Remind everyone if you are sending in awards for Deep South and National YOU MUST SEND THEM TO ME BY JAN 1 NGC or DS will not accept awards from individual clubs

Send names of who will be attending to me as soon as possible Any questions Please email me at buffiescorner@bellsouth.net

Debbie Shaver

APPRENTICE NEEDED

Needs to be

Familiar with Computers, scanning, uploading

Able to communicate via computer

Able to keep charts and records

Able to work with Wonderful Members

Must be able to attend conventions etc.

Enjoy presenting awards to great people and clubs

THEN THIS JOB IS FOR YOU

Are YOU our next Awards Chairman?

Contact me at buffiescorner@bellsouth.net

and we can get you started.

You will have one year to learn and gain experience

WE NEED YOU

—from Debbie Shaver

Tennessee Federation of Garden Clubs, Inc.



2025 - 2027 Scholarship Program



Please read the following pages carefully for information about the TFGC Scholarship Program which offers financial aid to full-time college juniors, seniors and graduate students who are residents of Tennessee and attending a Tennessee school.



Tennessee Federation of Garden Clubs, Inc. SCHOLARSHIP APPLICATION POLICIES 2025-2027

- l. These scholarships are available for college juniors, seniors and graduate students. No Doctoral candidates may apply. Sophomores may make an application for the junior year.
- 2. The applicant must be a resident of Tennessee and attending a Tennessee school.
- 3. TFGC is proud of its scholarship program which offers financial aid to students and promotes study in Agriculture Education, Agriculture, Dairy Science, Horticulture that includes Fruit Science/Environmental/Communications, Floriculture, Landscape Design, Botany, Plant Development, Forestry, Agronomy, Environmental Concerns, Management of Environmental, Horticulture Resource/Environmental Behavior, Economics, Environmental, Conservation with Engineering, etc., City Rural and Urban Planning, Wildlife Science, Habitat or Forest/Systems Ecology, Land Management and/or related or allied subjects. Applicants must be majoring in one of the fields of study. The TFGC Scholarship Committee must grant approval for applications to be made in any major other than the ones listed.
- 4. The applicant must be a full-time, currently enrolled student at the school through which the application is being made.
- 5. Applications must be mailed to the TFGC Scholarship Chairman as a complete package prior to **December 1st.** No application received after that date will be considered.
- 6. The TFGC Scholarship Chairman will submit applicants or number of scholarships to be awarded to the TFGC Board for approval at the Winter Board Meeting.
- 7. The TFGC Scholarships will be in the amount of \$1,500 each, limited to a total of \$4,500 in any fiscal year, if funds are available.
- 8. All applicants must have at least a "B" average to apply. (3.0 on a 4.0-point scale).
- 9. A complete official academic transcript.

The following Scale of Points will be used for the evaluation of each application:

ACADEMIC RECORD: Complete official transcript of grades is required (40% of total). Emphasis is placed on the strength of courses related to student's major in required field.

APPLICANT'S LETTER: Discussion of background, goals, personal (25% of total) commitment to chosen career, financial need. (Limited to one typed page, singled spaced)

A list of this information should be supplied on a separate sheet of paper. Each page – three (3) in total - should be titled EXTRACURRICULAR ACTIVITIES, HONORS RECEIVED, and WORK EXPERIENCE (10% of total).

FINANCIAL NEED: Signature of Financial Aid Officer and Student are (25% of total) required on fully completed Financial Aid Form.

RECOMMENDATIONS: Two letters of recommendation (example: department head and/or professor(s) or an employer).

Funds are available for a District III Brainerd Scholarship. The recipient is decided upon by District III for an applicant from HAMILTON COUNTY, TN. (The funds for this scholarship were donated by Brainerd Garden Club of District III.) Deep South Garden Clubs and National Garden Clubs also have scholarships. Their applications are on their respective websites, deepsouthgardenclubs.com and ngc.org and must be received by the TFGC Chairman by state deadline, **December 1**st. Qualified applicants may apply for all. Should you have trouble with a website, please notify me. Applicants for TN, DSGC, and NGC must be Tennessee Residents and attending schools inside the of Tennessee.

TFGC Chairman: Candace Wells, P.O. Box 325, Lookout Mountain, TN 37350 Email: cfw1865@gmail.com

TENNESSEE FEDERATION OF GARDEN CLUBS, INC. SCHOLARSHIP APPLICATION FORM - ACADEMIC YEAR - 2025-2027

Name				
Date of Birth (Month/Year)	Female	Male	Marital Status	\.
Home (Legal)				
Address				
City	State _	Zıp		- 12 %
Email				
Telephone				
College/University				
Department Enrolled				
Major	Mi	nor		
MajorCURRENT GRADE LEVEL AT TIME	E OF APPLICAT	ΓΙΟΝ: (Circ	le One)	
Sophomore Junior Senior				
CURRENT CUMULATIVE GRADE	POINT AVERA	GE	#/. 	
College(s) Attended			<u> </u>	
Dates		Previous	GPA	
When do you expect to graduate				
Degree				
Occupational Objective After Graduat	ion			
Financial Officer/Representative				
Address				
Phone				
STUDENT'S SIGNATURE			ec	
Date				

Submit this form with the additional required documents to the Scholarship Chairman DEADLINE: To be received by the Chairman by December 1st

Tennessee Federation of Garden Clubs, Inc. Guidelines for College/University Financial Aid Office Administering the Scholarship

- 1. Scholarship funds are to be sent to the Financial Aid Office of the College or University the student is attending. Checks will NOT be sent directly to students from TFGC. Funds will be disbursed according to the particular school's term-system, unless the student has only one term remaining before the completion of the degree.
- 2. Funds may be disbursed only to students who are attending school full-time or as defined by TFGC.
- 3. Funds may be applied to studies overseas provided that the study is a condition of the recipient's degree plan and that payment continues to be made to the accredited U.S. college or university.
- 4. The student and Financial Aid Officer/Representative will determine how the money is to be spent: i.e. tuition, food housing, books, etc.
- 5. After the scholarship funds have been submitted to the college or university of the student's choice, it cannot be transferred to another college or university.
- 6. Must be planning a career related to gardening, landscape design, environmental issues, floral design or horticulture. Suggested studies:
- Agriculture Education
- * Habitat of Forest/Systems Ecology
- Floriculture
- * Horticulture
- Landscape Design
- * Environmental Concerns (Management: Environmental, Horticulture Resource/Environmental behavior)
- · Botany, Biology
- Plant Pathology/Science Resource/Environmental Behavior
- Forestry * Environmental Conservation (Engineering, etc.)
- Agronomy *Agribusiness (Dairy Farming, Animal Science, Food Production, etc.)
- Wildlife Science * Land Management and/or other related
- · City (Rural & Urban) Planning allied subjects
- 7. In the event of a change in the student's major to one other than those listed above, or if the student withdraws from school, the balance of scholarship funds must be returned to:

Tennessee Federation of Garden Clubs Treasurer
Marilyn Smith
279 Pine Hollow Road
Dayton, Tennessee 37321
Email: mgsmith50@aol.com

The Scholarship Application of Tennessee Federation of Garden Club, Inc. is available on the website: tngardenclubs.org

TENNESSEE FEDERATION OF GARDEN CLUBS, INC. SCHOLARSHIP FINANCIAL AID FORM - ACADEMIC YEAR - 2025-2027

ANTICIPATED SOURCES OF FUNDS: Please use the following form to show all (including scholarships, other than anticipated one from TFGC; assistantships, educational insurance policies, etc., as well as all projected costs involved for attending college in the above academic school year. It is not required that projected resources and expenditures balance.

NOTE: If information is not available before the application deadline, information from the previous academic year may be used with the notation that it is an estimate based on the previous year.

- This form must be completed and signed by **both** the Financial Aid Officer and by the student making the application.
- ALL questions on the form must be answered since actual financial need is one of the determining factors in the awarding of scholarships.
- The student and Financial Aid Office will determine how the money may be spent: tuition, food, housing, books, etc.
- The student must mail this form, along with other required application documents, to the Tennessee Federation of Garden Club Scholarship Chairman.

ANTICIPATED FUNDS	PROJECTED EXPENDITURES
From parent or relative	Tuition and Fees
From personal savings	Housing and Living
	Expenses
Educational Insurance Policies	
School-year earnings	- 1-0-000 - 00 - 000 - 0000 - 00
Grants/Scholarships	Books/Supplies
Loans	Transportation
Other	Other
TOTAL FUNDS AVAILABLE	TOTAL EXPENSES

FINANCIAL AID OFFICER:

Is this student eligible	for receiving financial	aid at your institu	tion:			
Grants/Scholarships: Y Student Loans:	Yes N	lo				
Has this student applied	d for financial aid at yo	our institution:	Yes _	N	No	
FINANCIAL AID OFF						
PRINTED NAME						
ADDRESS						
CITY			STATE		ZIP	CODE
PHONECOLLEGE/UNIVERS		FAX		DATE		
COLLEGE/UNIVERS	ITY					
This information will be officials of the college/				•		
THIS WILL AUTHO			INANCIA	L NEEI) FOR	м то:
STUDENT'S SIGNAT	URE					
DATE						

Deep South Garden Clubs, Inc. Fundraising Initiatives and Opportunities





My name is Kathy Sudduth, and I am honored to serve as the Chairman of Ways and Means for Deep South Garden Club. Previously, I held the position of president of the Garden Club of Alabama. In my current role, my primary objective is to support fundraising efforts that will benefit the various projects promoted by our new administration.

Fundraising Options

Deep South Coffee Mugs



We continue to offer Deep South Coffee Mugs, which are available for purchase at \$10 each, with an additional \$6 for shipping per mug. If you choose to purchase 10 mugs, we will provide free shipping, while supplies last. These mugs make excellent thank you gifts for speakers or new members. To order, simply email your requested quantity and send a check for the total amount.

Deep South Membership Pin



We are pleased to announce the availability of our new Deep South Membership pin featuring our updated logo. Each pin is priced at \$20, and shipping is free. To place an order, notify us of the number you require, and submit a check for the total cost.

FlowerPower Online Fundraiser

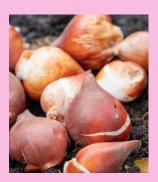
Our latest fundraising initiative is the FlowerPower online fundraiser. The process is simple: items are purchased online and delivered directly to you, with all financial transactions handled by FlowerPower. Deep South Garden Club receives 50% of the proceeds from most items sold. Funds from this project have been designated for scholarships. The Holiday Bulb Sales conducted in Alabama over the past two years have demonstrated the high quality of these products. The link for this fundraiser is:

https://www.flowerpowerfundraising.com/marketplace/seller/profile/shop/DSGC









Support and Contact Information

We invite you to support the Deep South Garden Club through one or more of these fundraising opportunities.

For orders or inquiries, please contact:

Kathy Sudduth
251-978-0661 <u>kathymsudduth@gmail.com</u>

33507 U.S. Highway 31 Spanish Fort, Alabama 36527

TFGC District II





District II Garden Clubs

- Beachaven Garden Club
- Ben Lomand Garden Club
- Camden Garden Club
- Clarksville Garden Club
- Country Homes Garden Club
- Evening Belle Garden Club
- First Saturday Garden Club
- Flower Growers Garden Club
- Flower Lovers Circle
- Franklin County Garden Club
- Garden Lovers Club
- Gateway Acres Garden Club
- Harpeth Bend Garden Club
- Hendersonville Garden Club
- Iris City Garden Club
- Lake Forest Acres Garden Club
- Lebanon Road Garden Club
- Leipers Fork Garden Club
- Les Candides Garden Club
- New Neighbors Garden Club
- Oak Hill Garden Club
- Optimistic Gardeners Club
- Rachel Jackson Garden Club
- Shady Grove Garden Club
- Shelbyville Garden Club
- T.A.G.S.
- Town & Country Garden Club
- Tyne Meade Garden Club
- Volunteer Garden Club
- Year Round Garden Club
- Warner Park Garden Club

Beachaven Garden Club August Meeting

The Beachaven Garden Club of Clarksville, TN had an awesome speaker at their August Meeting. Terry Minton, a retired Clarksville police officer, started a business cleaning and repairing gravestones. The club learned about the restoration process as well as having great food, company, and colorful flower arrangements.



















Evening Belle Garden Club

Our September meeting was member-led by Colleen Harris who demonstrated how to make a design with her home grown flowers.











Submitted by club president Asha Joyce

FIRST SATURDAY GARDEN CLUB

FIRST SATURDAY GARDEN CLUB BROUGHT HOME SOME BEST OF SHOW RIBBONS FROM THE CHEATHAM COUNTY FAIR. ONE IN FERN CATEGORY (CAROLINE BORUM) AND ONE IN FLORAL ARRANGING (MELISSA WOMACK). WE ARE SO THANKFUL FOR WHAT WE LEARN BY BEING IN A GARDEN CLUB. WE ENCOURAGE OTHERS TO JOIN US!







Flower Growers Garden Club

FLOWER GROWERS GARDEN CLUB - AUGUST 2025

One of the Classifications for our August membership meeting could not have been more aptly named: "Hot Season"! We have all been struggling to keep our flowers going in this fierce heat. Even so, we had a very full table of Classifications and Horticulture, and Guest Judge Lorraine Grieve gave us further pointers on how to exhibit our flowers to their best advantage. We were also delighted to have Karen Dawson, Vice Director of TFGC District II with us, and she and Patty Compton presented the program.

President Patty Compton's topic was "Flower Growers Garden Club: Who Are We?" It was fascinating to learn about FGGC's long history (organized in 1948 and federated in 1950) and how a small club becomes part of the larger Tennessee Federation of Garden Clubs Inc. with its four districts, in our case District II. Patty talked about the benefits of small clubs being part of the umbrella organization, sharing many examples of clubs past events. A portion of our club dues support the Ivan Racheff House and Gardens State Headquarters in Knoxville which Mr. Racheff presented to TFGC Inc. Patty said she was honored to serve on the TFGC Board of Directors and learned so much about the dedication and work of the volunteers. "We are Who We Are Because of TFGC Inc. and National Garden Clubs Inc."

Vice Director of TFGC District II, Karen Dawson's program added her perspective on how TFGC works, how District II comprises 31 Clubs with over 650 members, and how we should all be using the newly redesigned (and very user friendly) website, https://www.tngardenclubs.org. Karen also focused on the financial benefits and that a portion of our dues support NGC Inc. Joining TFGC Inc.makes us an automatic member of The National Garden Clubs, Inc. which is the largest volunteer gardening organization in the world, with approximately 145,000 members in around 5,000 clubs. This huge network allows us access to many resources, such as scholarships, awards from the district, state, and region, and eligibility for grants for their community projects. Members can participate in Flower Shows and learn more by attending Flower Design, Landscape Design or Environment Schools programs presented by NGC. Everyone can choose which organization to belong. TFGC, Inc has guidelines which all member garden clubs follow. If the guidelines are not for you, then this organization may not be for you.

As we look forward to fall (and cooler weather), we also look forward to staying connected to TFGC Inc. and NGC Inc. to taking advantage of the many resources available to us through the larger organization.



Since the meeting, our members have been sharing photos from their gardens, including Kim Orrand's welcome discovery of Monarch caterpillars on her *Asclepias tuberosa* (Butterfly Milkweed). We also are blessed with sightings of some beautiful Monarch and Swallowtail butterflies, and we've been sharing news of many hummingbird sightings. We're pretty sure that our commitment to stewarding our environment and encouraging our pollinators is paying off with more butterflies and birds than we've seen in a few years.











Left and Center: Monarch Caterpillar & Butterfly on Milkweed in Kim Orrand's garden;

Right: Swallowtail & Buddleia in Pam Martin's garden (photo courtesy of Pam)



Lisa Blos-Johnson's "Hot Season"— Blue Ribbon



Kim Orrand's "Hot Season" Design, Blue Ribbon





"Green as Grass"—Kim Orrand—Blue Ribbon

Flower Growers Garden Club August Horticulture



Eddie Broadwell



Morna Conway Rosa 'Gabriel Oak'



Marchelle Butler Petunia



Patty Compton



Dawn Schamp Rosa 'Bathsheba'



Rachel Bush



Flower Lovers Circle August Meeting

The Flower Lovers Circle met in August with a devotional by Betsy Lee with refreshments following. The meeting was all about getting our ideas for flower designs ready for the Middle Tennessee District Fair which is in September. Janet Buhaly was able to get us a program with the Lawrence County Fire Department on CPR Training. Kevin Bedford and Dwayne Bradley gave us a demonstration on CPR and then we all got the opportunity to do a hands-on training with the mannequins. The video they showed helped us realize how important this training is and how it can help in a desperate situation.





Submitted by Nita Slater, club president



Kevin assists Barbara Putt with CPR Training.



Dwayne Bradley & Kevin Bedford



Dwayne assists Nita Slater



Garden Lovers Club August Meeting



The Garden Lovers Club met on August 14th at the home of guest speaker Jolly Sinha. She gave a presentation on "Health Benefits of Select Herbs & Spices" followed by a scrumptious lunch that she prepared using these herbs and spices.







Jolly explained that it is very important to know the difference between Herbs and Spices—HERBS ARE FRESH plant material & SPICES ARE DRIED seeds/flowers/bark or roots of the plant. Plus spices tend to be stronger in flavor than herbs, as they contain rich essential oils.



Garden Lovers Club August Meeting

We learned about Ayurveda—the 4,000 year old science of Medicine and the power and benefits of herbal medicine.











Harpeth Bend Garden Club September 10, 2025 Meeting

The Harpeth Bend Garden Club met at the John P. Holt Brentwood Library for a member-led program on a wide variety of gardening and conservation interests. Members gave short presentations about recycling, propagating plants, tulips, treating aphid infestation in trees, bacterial leaf scorch, creating a "Pot of Joy" this fall for spring enjoyment, and the "Dark Ecology of Predatory Plants".







Marsha Hunt reminds us to "Bloom Where You're Planted"!



Lake Forest Acres Garden Club August 25, 2025 Meeting



Sandy Mahoney is a member and former chaplain of the Lake Forest Acres Garden Club. She was diagnosed with AML in 2016. She was invited years ago by the club's current secretary, Carol Clem, who introduced her to the wonderful world of gardening. Her message below is inspirational!

"Over the years, I have come to love gardening and created my own Garden of Eden. During my healing from cancer, I have become knowledgeable of holistic remedies, and through Christ was led to discover different Facebook sites where patients gathered to pray for each other and share holistic natural remedies for many ailments. Two of my favorite FB sites are "Christ Heals Cancer" & "Ask A Naturopath". I also must stress that diet is a huge contributor to healing, and I recommend "Chris Beat Cancer" for all nutritional diets. These are all great resources for any type of ailment, cancer, and, especially prayer."



Sandy's "Garden of Eden"









Lake Forest Acres Garden Club August 25, 2025 Meeting



Throughout her healing and research, Sandy also discovered the importance of using essential oils such as Frankincense, Castor Oil, and Jojoba Oil. At the club's recent August meeting, she volunteered to do a demonstration of these oils. One of the recipes she demonstrated were these exact ingredients:

Frankincense Essential Oil has been used for centuries in aromatherapy and traditional medicine for its anti-inflammatory, antimicrobial, and calming properties. Benefits for skin, mental well being, and general health are often cited. Note: It is one of the oils the three kings gave Jesus when He was born.

<u>Jojoba Oil</u> closely resembles the skin's natural oils, making it an excellent moisturizer that can hydrate and soften dry skin.

<u>Castor Oil</u> is a rich source of ricinoleic acid, which has anti-inflammatory and moisturizing properties. It can help soothe skin conditions such as eczema, psoriasis, and acne.

"Essential oils must be kept in <u>brown glass bottles (w/glass droppers)</u> to keep them pure without contamination of plastics over time. I purchase <u>pure organic</u> oils from Amazon as they vary in price. It's up to you if you want to use Doterra, Vitality, etc. but they are very expensive. I have been using these oils on my face and body for several years and love the way they moisturize my skin. They promote a youthful appearance when mixed and applied properly."

30

Lake Forest Acres Garden Club August 25, 2025 Meeting



Submitted by club president Anice Rouse

"My recipe is simple:

Anti-aging Frankincense face serum— This recipe makes a potent facial serum that can be applied morning and night.

(Note: You should test all oils on other skin parts for any sensitivities before applying fully.)

Ingredients:

- 1 oz amber glass dropper bottle
- 10 drops Frankincense essential oil
- ½ oz Castor oil
- ½ oz Jojoba oil

Instructions:

Add the Frankincense essential oil drops to the amber glass bottle.

Fill the bottle halfway with Castor oil.

Fill the rest of the bottle with Jojoba oil, leaving a little room at the top.

How to Use:

- Apply 2-4 drops of the serum to a freshly washed face and neck.
- Gently massage it into your skin in upward motions.
- Apply consistently every morning and night for best results.

Thank you and God bless."



Leipers Fork Garden Club

In honor of the 20th anniversary of the Leipers Fork Garden Club, the president, past presidents, and charter members were invited to gather at Timberland Park on the Natchez Trace for recognition and a picture. The park has excellent hiking trails and always has many visitors for hiking and to enjoy the garden maintained by the garden club.



Left to right: Pam Braun, founder & past presidents, Patsy McFadden, Cherry Lane Darken, charter member Kathy Wood Dobbins, past president Theresa Tillinger, current president Faye Sturm, and past president MaryLee Bartlett. Missing were past presidents Judi Stutts, Nancy Huddleston, Abby Bowlin, Betty Smith and charter members Carolyn Curry and Beverly Parker.



Optimistic Gardeners Club September 3, 2025 Meeting

The club met at Stones River Manor Nursing Home for their September meeting and luncheon. Members brought many colorful flowers and helped the residents make "Mugs of Sunshine" for their rooms. They also enjoyed seeing Horticulture, Floral Designs & Educational Display.













Submitted by club president Lillian Hibbett



Hostesses-Mary McCord, Holly Kyle, Ann Porter, & Mary Lou Gudelis





Marion Butler brought greenery from the Sam Davis Home Garden.



Residents discussing Educational Display







Forty-nine children & twenty-two adults listened to the presentation by Deep South Regional Director Denise Thorne and all children received pumpkin plants grown by Denise.

Handouts, recipes and a program were given to all in attendance and a Pumpkin Book was read to the children.









Town and Country Garden Club September 9, 2025 Meeting at the home of Denise Thorne

















Tyne Meade Garden Club



Herb Gardening at the Zoo

In August, Tyne Meade Garden Club held another members' workday at the Nashville Zoo Grassmere's Herb Garden. Members convened on August 14 to evaluate gardening needs and lo and behold since the club's last visit, rains in the area had caused an explosion of herbs and flowers. Members harvested ripe tomatoes, mint, and basil, removed spent plants, and collected seeds. Another workday is planned for mid-September.





Susie Jones, Carol Smith, Jan Shockey, Doris Weakley, and Monty West successfully cleared the vegetation overflowing the pathway.



Doris Weakley and Monty West tame the Katrina rose.



Here's what a well-tended garden looks like!



Tyne Meade Garden Club



Know About Food

At our September meeting, Sylvia Ganier of Green Door Gourmet gave a very enlightening talk about *food safety* in regard to organic gardening. Sylvia clarified that an organic label on a food product does not signify that zero chemicals were used on the plant in its life cycle, only that synthetic chemicals were not used.

The USDA currently allows the use of chemicals in the growing and processing process if those chemicals are deemed "essential." Currently, there are over 200 substances approved by the USDA for use in organic products.

Sylvia informed us about OMRI (<u>Organic Materials</u>
<u>Review Institute</u>) and their extensive lists about products appropriate for organic operations. She noted, though, that 394 chemical companies are part of the OMRI lists.



Sylvia Ganier is knowledgeable and passionate about eating clean.

The Green Door is thoughtful when it comes to removing pests, whether by removing the impacted plant or using naturally occurring toxins. Club members welcomed the information to put into practice in their own personal gardens.

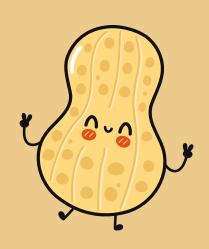


Submitted by Kathy Brown

Did You Know?



Peanuts are not nuts?



The peanut *Arachis hypogaea* also known as the groundnut, goober or Pindar or monkey nut, is a legume. It is related to beans and lentils.









Jolly Sinha is a member of TFGC, the Rachel Jackson Garden Club, New Neighbors Garden Club, T.A.G.S. & District II Judges Council. She is a regular contributor to the column "Did You Know?"

Gardening—A Way of Life

by Gayle Jaggers

Decorative Flower Designs with Pumpkins

Flower designs with fresh painted or unpainted pumpkins are a way to use pumpkins as containers and create a natural or unusual design. If you aren't as talented as Martha Stewart, with the following ideas you will be.

For the arrangement use the pumpkin in its natural form or use ideas included in the websites mentioned below. Use acrylic paint or stencils purchased at Dollar Tree or Michael's to paint the pumpkins a solid color that blends with the flowers you plan to use in the design or stencil or paint designs on the pumpkin. Large and small mums, sunflowers, and lilies along with natural branches and berries are good for a natural fall look, but roses and any other favorite types of design flowers will work.

Clean and remove the inside plant material in the pumpkin and place a container of water with flower food inside the pumpkin. Use a combination of several flowers of different sizes and colors. Berries and shrub branches from your yard add interesting accents. If decorating for a special event choose colors of flowers that match your decorating theme.

For complete details and beautiful examples, Google

https://celebratenest.com/pumpkins-with-flowers/ or Google pinterest and type in the search box 'pumpkin designs painted flowers' or search for 'painted pumpkins ideas'.

Gayle Jaggers



















Saving the Monarch by Doris Weakley Tyne Meade Garden Club

These monarch caterpillars were in my garden munching on milkweed.







After having one hatching of caterpillars attacked by cardinals, I knew that if a Monarch deposited more eggs on the tender milkweed leaves, I would have to protect the caterpillars until they dropped off & crawled away to find a place to cocoon. These pictures show ½" caterpillars growing to 2" caterpillars and the methods I used for protection.



Saving the Monarch by Doris Weakley Tyne Meade Garden Club







I used netting on one milkweed and formed an enclosure with twine on another. When the caterpillars began to drop off, I was fortunate to see one crawling away. Days later, I saw a Monarch in the garden. No pictures because I didn't have my camera with me.

Wildlife Critter of the Month



Casper the White Ghost Cicada

Say hello to the captivating White Ghost Cicada (*Ayuthia*), a rare insect that haunts the forest of Southeast Asia with its pale, ghostly wings. Found in Thailand and Malaysia, this cicada spends its days sipping sap from trees, blending seamlessly into its leafy surroundings. The lifespan of cicadas varies greatly depending on the species. Some species have a lifecycle of 13 - 17 years, spending most of their lives underground as nymphs before emerging as adults for a short period, typically 4 - 6 weeks. In some cultures, cicadas symbolize transience, rebirth and the cyclical nature of life.

Photographs of the Month





Asha Joyce



Claudette Ryan

Lynn Rouse



Arrangement by Denise Thorne from the "Plant it Pink" program & luncheon



Flower Growers Garden Club

"Hot Season"

Designer's Choice

Creative Design using all dried materials 45

Photographs of the Month





Kim Orrand



Marion Butler

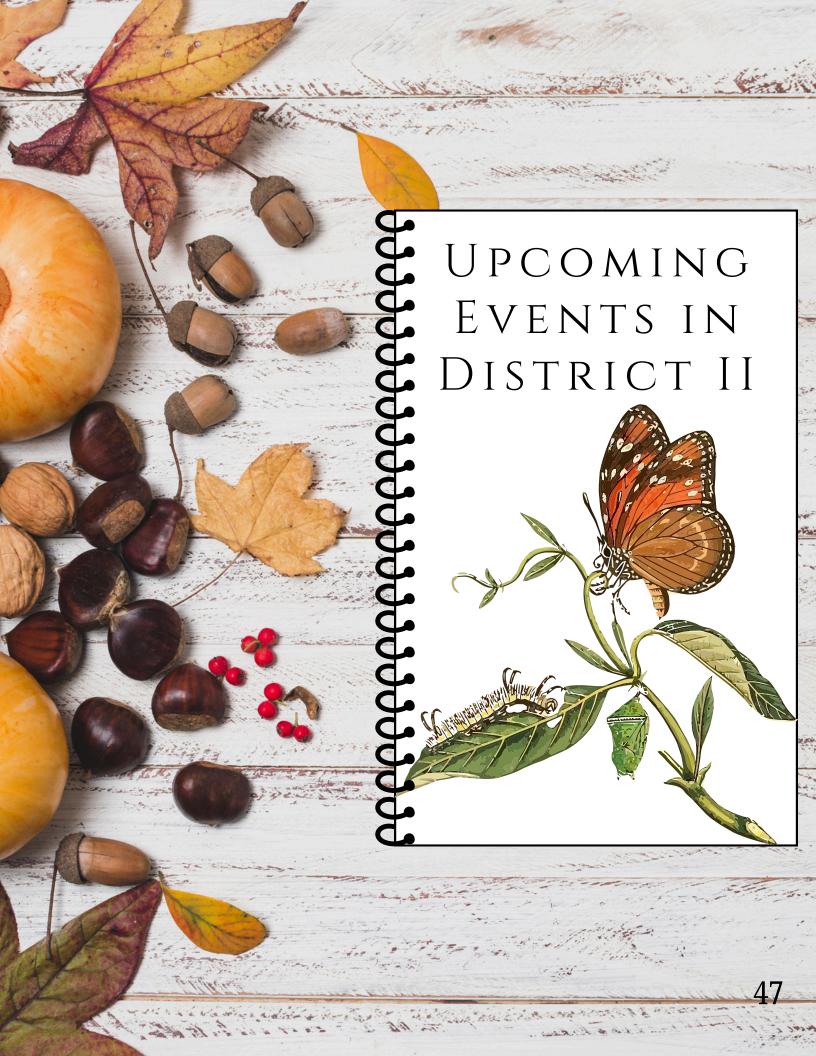


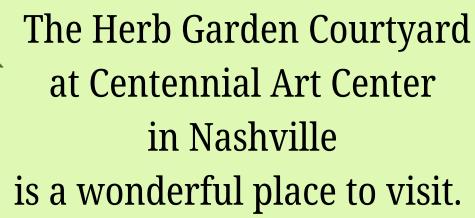


Kim Orrand



Kay Clark







Located in the northeast corner of Centennial Park, the Herb Garden is maintained by the

Herb Society of Nashville, and is open Monday - Thursday 9:00 am to 5:00 pm.

Shelby Bottoms Nature Center 1900 Davidson Street Nashville, TN 37206

"Gardening to Attract Wildlife: Birds, Bats, & Insects"



Saturday, October 4th 1:00 - 2:00 pm Ages 18+ Registration Required



Join Cayty Stubblefield from Habitat Landscapes at the Nature Center to learn about attracting wildlife to your garden using native plants.

Discussion will include which host plants will attract the right insects to feed birds and bats, which seed heads birds like to eat, and what other features you can add to your garden to make it a habitat.

To register, email us at shelbybottoms@nashville.gov or call (615) 862-8539.



District II

Fall Membership Meeting



Tuesday, October 7, 2025 10:00 am

First Baptist Church—Joelton
7140 Whites Creek Pike
Joelton, TN 37080

Date: September 4, 2025

To: District II TN Federation of Garden Clubs/National Garden Clubs Members

Official Call Letter

Re: Fall District II Membership Meeting

Tuesday, October 7, 2025, 10:00 am First Baptist Church—Joelton 7140 Whites Creek Pike Joelton, TN 37080

PROGRAM: "Planting for Biodiversity"

I am thrilled to welcome **Joy Boven** as the presenter for our Fall Membership Meeting! Joy is the Owner of **Simple Joy Nursery** and **Wonder Gift & Garden**, companies that were founded in the summer of 2023. Both are currently located on The Land property in Kingston Springs. Wonder is a retail garden center and gift shop that puts a strong emphasis on native plant material, nature centric gifts and supplies, as well as local art and crafts. Simple Joy Nursery is set up as a small, niche wholesale nursery that focuses on native perennials. Simple Joy supplies plants to Wonder and directly to landscape professionals in the Middle TN area.

Joy has been in the horticulture industry for 15 years. Having accumulated experience in many tributaries of the green industry, her passion is growing and selling native plant material as well as educating the public on their importance and role in our lives. Join us to gain valuable insights from Joy's extensive knowledge and passion for native gardening!

DIRECTIONS:

From Nashville take I-24 West to Exit #35 (Joelton & Springfield Exit).

Turn left off the interstate onto Whites Creek Pike and proceed for less than a mile.

(You will pass McDonald's, which will be on the right, and the Mexican Restaurant Mazatlan will be on the left.)

The church is on the left and there will be balloons at the entrance to lead you to the parking area.

Coming from North of Joelton, take I-24 East to Exit #35. Turn right onto Whites Creek Pike. Continue as above for less than a mile to the church on the left.

LUNCH:

Buffet lunch will be available from Best Eats Catering of Portland, TN:

Garden salad with choice of dressings, "Marry Me" Chicken, Veggie Lasagna, broccoli salad, squash casserole, rolls, sweet and unsweet tea, chocolate mousse or key lime pie for dessert

Meeting and Lunch - \$35.00 Meeting only - \$15.00

NOTE: A limited number of tables for club sales are available at \$25.00 each, first come, first served. The church will be open at 9:00 am for vendors to enter. Tables are 8 feet long and 30 inches wide. You supply your own table covering.

OFFICERS/COMMITTEE CHAIRS: If you have a report to present, please let Becky know at 615-838-1359 (text or leave a message, please).

CLUBS: Please bring an item for the District II Ways & Means sales table.

REGISTRATION DEADLINE: Tuesday, September 30. Please fill out the form below.

Registration Form

TFGC District II Fall Membership Meeting Tuesday, October 7, 2025, 10:00 am First Baptist Church—Joelton 7140 Whites Creek Pike Joelton, TN

Name	Phone	Email	
Address	City	Zip	
Number of people for	lunch at \$35 each:	x \$35 = \$	
Name of each person a	attending for lunch:		
Name of each person a	attending without lunch:	x \$15 = \$	
No. 100 100 100 100 100 100 100 100 100 10		25 each:x \$25 = \$	
TOTAL AMOUNT D	UE: \$		
Make checks payable	e to: TFGC District II		
Mail to: Tove Rawlings, Hos PO Box 97 Joelton, TN 37080-0	•	615-876-2169 info@therawlings.net	



MIDDLE TENNESSEE DAYLILY SOCIETY



MEETING OCTOBER 11, 2025 11:00 am

SPEAKER/HYBRIDIZER
STEVEN FRANKLIN
WINDING ROAD GARDENS

MAPLE HILL CHURCH OF CHRIST 102 MAPLE HILL ROAD LEBANON, TN 37087







October 13, 2025 10:00 a.m.

Botanic Hall
Cheekwood
Estate & Gardens
1200 Forrest Park Drive
Nashville

HSMT is an affiliate of TFGC.

The Rachel Jackson Garden Club presents



An NGC Petite Small-Standard Flower Show

Thursday, October 16, 2025

Staged at *Through the Grapevine* Banquet Suite 190 630 Broadmor Boulevard Murfreesboro, TN 37129-0902

Show viewing hours 1:00 pm until 2:30 pm



Show closes at 2:30 pm

OPEN AND FREE TO THE PUBLIC



Dillard'S PRESENTS

THE

Branching Out

FASHION SHOW

AND TEA PARTY

SATURDAY, OCT 18 DOORS OPEN 11AM FASHION SHOW 12PM-2PM TEA PARTY 2PM-4PM

THE MALL AT GREEN HILLS



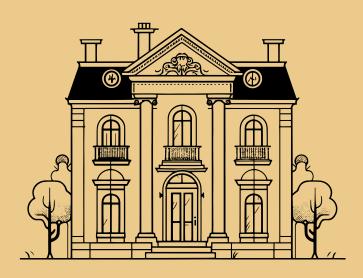
SCAN QR CODE
FOR TICKETS



Join the Horticultural Society of Middle Tennessee for fashion and philanthropy to raise funds to plant 500,000 trees by 2050.

District II Judges Council Meeting

October 21, 2025 10:00 am - 1:00 pm



Oaklands Mansion 900 N. Maney Avenue Murfreesboro, TN 37130

Middle Tennessee Hosta Society

October Meeting Details

Saturday, October 25, 2025 at 10:30 am.

Green Hills Branch of the Metro Public Library
3701 Benham Avenue
Nashville

Speaker: Steve Cunningham

Recap of the

American Hosta Society and Midwest Regional Hosta Society Convention

TFGC 2025 State Board of Directors Meeting & Luncheon

Tuesday, October 28, 2025

10:30am

"Through the Grapevine" 630 Broadmor Boulevard Murfreesboro, TN 37129



Save The Date

Sparkling Settings

Holiday Luncheon

Monday, December 1, 2025

11:00AM - 1:00 PM

BOTANIC HALL CHEEKWOOD ESTATE & GARDENS,

1200 FORREST PARK DRIVE NASHVILLE





Horticultural Society of Middle Tennessee

Minter Merrhership Meeting

Monday January 12, 2026 10:00 am

Horticulture Focus & Vote on Slate of Officers



Middle Tennessee Daffadil Society



Bradford Room of the Frist Learning Center at Cheekwood Estate & Gardens 1200 Forrest Park Drive Nashville, TN 37205







NGC 2026 Convention

May 4, 5, and 6, 2026 St. Louis, Missouri

Hotel Information and Link will be available after October 1.

Registration and the Tentative Schedule will be available after December 1.

National Garden Clubs

4401 Magnolia Ave. Saint Louis, MO 63110 www.gardenclub.org

Nature's Tiny Heroes

Excerpt from Growing Gardens Made Simple

Pollinators are vital for food security, biodiversity, and maintaining healthy ecosystems. Every time a butterfly lands or a fly buzzes by, nature's intricate web of life grows stronger. Here are 12 Surprising Pollinators You Should Know About:

Hummingbird



These tiny birds are drawn to bright, tubular flowers & play a key role in pollinating plants in the Americas.

Bat



Especially in tropical climates, bats pollinate night-blooming flowers like agave and banana.



Often overlooked as pollinators, ants can spread pollen as they crawl over ground flowers.

Dragonfly



While not a major pollinator, dragonflies can carry pollen as they rest on plants.

Snail (



Surprisingly, snails may transfer pollen in damp, ground-level ecosystems.

Butterfly

With their long proboscis, they sip nectar while brushing up against pollen-laden parts of flowers.